

MARVELOUS BORNEO TOURS & EVENTS SDN. BHD.

(CO. NO. 1 087640-T) (KPK/LN: 7587)

Shop Lot 1.105, 1st Floor, Star City North Complex, Jalan Asia City, 88000

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3D2N MOUNT KINABALU CLIMB & VIA FERRATA [BASIC-SERVICE]

DAY 1

0800hrs: Arrive at Kinabalu Park HQ (it takes about approximately 2hrs drive journey from Kota Kinabalu town to the Park HQ). Once arrived, pre-check at Mountain Torq's office and Sabah Parks' operation office before meeting your appointed mountain guide for a short briefing. Start your trek, the journey takes approximately 4-6hrs to reach Pendant Hut. Along the trek, observed the pitchers plants, rhododendrons abound and 1,200 species of orchids and oaks trees that had been discovered. **1500hrs:** Check into Pendant Hut (3,289m) and settle in. **1530hrs:** Attend the mandatory Via Ferrata Familiarization in Pendant Hut and meet your Mountain Torq trainer. **1800hrs:** Dinner provided and rest for the night.

IMPORTANT CUT OF TIME TO REMEMBER:

- 1) Customers must register at Mountain Torq's office no later than 9:30 am. After 9:30 am, the registration counter will be closed.
- 2) Customers who arrived after 4pm at Pendant Hut and missed the mandatory Via Ferrata safety briefing sessions will not be allowed to do the Via Ferrata activity on the next day. Any request for reimbursements will not be entertained.

DAY 2

0130hrs: Wake up and early morning breakfast/supper provided. Start hiking up to explore Low's Peak (4,095.2m) and expected to reach the summit in time of sunrise. **0600hrs:** Descend from the summit, Low's Peak to meet your Mountain Torq trainer. **0630hrs:** Meet the Mountain Torq trainer at the agreed meeting point for your chosen Via Ferrata experience. **1100hrs:** Return back to Pendant Hut for wash up. **1200hrs:** Head to Laban Rata Restaurant for a well earned lunch. **Afternoon:** Recuperate from the 11+hrs day, have a well deserved nap, sit in the sun (weather permitting) and have a cup of the famous Sabah Tea at the base of Pendant Hut while watching the therapeutic mountain scenery. **1800hrs:** Dinner provided and rest for the night.

IMPORTANT CUT OF TIME TO REMEMBER:

- 1) Summit route - must pass Sayat-Sayat Check Point before 5 am
- 2) Walk The Torq route - by 7:15 am @ Sayat-Sayat Hut
- 3) Low's Peak Circuit route - by 6:30 am @ 7.5km mark

DAY 3 [back up day for another summit attempt if day 2 was not successful - ANY ADDITIONAL FEES INCURRED ARE AT GUEST OWN EXPENSE]

0700hrs: Wake up and have breakfast. **0830hrs:** Check out of Pendant Hut and descend to Timpohon Gate. **1300hrs-1400hrs:** Estimated time of arrival at Timpohon Gate. Head to Mountain Torq's office (the office will close at 5 pm) to collect your successful Via Ferrata certificate.



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PACKAGE INCLUSIONS:

- Via Ferrata indicated in the itinerary: Walk The Torq or Low's Peak Circuit (choose 1 activity only)
- 2 x nights @ Pendant Hut (day 1 & 2)
- 1 x early morning (1 AM) simple Continental breakfast/ supper @ Pendant Hut (day 2)
- 1 x simple American breakfast @ Pendant Hut (day 3)
- 1 x set lunch @ Laban Rata Restaurant (day 2)
- 2 x dinner @ Laban Rata Restaurant (day 1 & 2)
- Mountain Torq trainer
- Via Ferrata full safety equipment
- Via Ferrata certificate for successful attempt only

PACKAGE EXCLUSIONS

- Packed lunch for ascending the mountain (day 1)
- Lunch after descending from the mountain at Kinabalu Park (day 3)
- Round trip transportation between KK town and Park HQ
- Round trip transportation between Park HQ to Timpohon Gate
- Sabah Parks' fees & tariffs; conservation fee, permit, Insurance, mountain guide services and summit achievement certificate
- Porter fees
- Extra drinks and meals
- Any other items and services not listed in the inclusion list

THINGS TO BRING/CHECK LIST:

- comfortable trekking shoe with good grip
- personal toiletries
- waterproof backpack
- fleece jacket/wind breaker
- warm clothing/long sleeves shirt/hiking pants
- lightweight towel
- hand gloves
- winter hat
- disposable raincoats
- head torch
- refillable water bottle (0.5-1 Liter)
- high energy food; chocolates, nuts, biscuits, sweets and energy bars
- medication; headache tablets, altitude sickness tablets
- lip gloss/balm
- camera with waterproof bag
- sandal/slippers
- plastic bags
- cap/beanie/hat scarf
- sun protection; sunglass, sun screen lotion
- extra pocket money
- AN ADVENTUROUS SPIRIT!**

